

Reducing waste with litterless lunches!

Helpful hints for building a lunch kit for school:

- ✓ Choose reusable stainless steel containers, thermoses, water bottles, refillable juice boxes, fabric sandwich bags, and bamboo cutlery to cut down on single-use items and waste.
- ✓ Skip pre-packaged snacks with throw-away wrappers and bake or buy in bulk, instead. Freeze extras and thaw as needed.
- ✓ Involve kids in the lunch-packing process to encourage independence.....
.....and an empty lunch box at the end of the day!



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378 Aylmer Street N.
Peterborough, ON

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